



Hampshire and Isle of Wight



Hampshire Autism Update

Tim Davis & Matthew Powell
22 November 2022



Background

- In August 2018, concerns relating to growing waiting lists and waiting times as a result of increasing CAMHS demand resulted in agreement by local NHS commissioners to transfer the care of children and young people awaiting Autism Spectrum Condition assessments to another provider of that service (Psicon Ltd)
- An over reliance on short term solutions to management of the ASC waiting lists pending the development of a longer term plan, aligned with sustained high demand for ASC assessments led to continued growth in the ASC waiting lists and longer waiting times. By September 2020 the waiting list for this service had risen to circa 1,750 children and young people
- In November 2020, the CCG identified significant investment as part of a move towards the procurement of a longer term solution for both ASC assessment services and associated support for children, young people families around autism
- A new ASC Assessment started 1st October 2021. Psicon Ltd were the successful provider following a procurement. The new service followed a redesign of the service with input from families, clinical experts and relevant professionals across multiple agencies

Overview of New Assessment Service

- Service commenced October 1st 2021, initial 2.5 year contract with option to extend for 12 months
- Key changes:
 - Expanded age range from 5-18 years to 3-18 years (up to 19 with LD)
 - Referrals sources expanded to include social care and education professionals
 - Post assessment sessions are now offered routinely
 - Referral pathways have been streamlined

Overview of Additional Support Services

- Emotional Wellbeing Support Service
 - Provides early intervention and support for children with Social, Emotional and Mental Health (SEMH) needs related to Autism, ADHD, Attachment Disorder, Anxiety and Poor Emotional Wellbeing
 - This service is commissioned from the HCC Primary Behaviour Service
- Autism Hampshire Workshops
 - Deliver parent support workshops and education staff training focused on supporting children and young people with traits of Autism
- Barnardo's Parenting
 - Evidence based parenting programmes for parents, carers & children and young people for pre and post diagnosis of ASC & ADHD
 - Current contract is due to end March 2023
 - A new service will be reprocured to commence April 23 with this procurement currently in process

Updates

- In November 2021, waiting list had dropped from circa 1,750 to circa 1,000. However this has now increased again to circa 1,900* in July 2022.
*further information on slide 6
- Current waiting times have fallen to circa 10 months, down from 11 months in November 2021 and 35 months in September 2020.
- Long term contract for children's wellbeing service until March 2025.
- Procurement of evidence based family support for ASC & ADHD to start April 2023.
*procurement is currently live
- Autism Hampshire contract extended for an additional 12 months to March 2023.
- Collaborative working to develop a new all-age Hampshire Autism Strategy.
- A system wide independent review has been undertaken to look at the current state of all age neurodevelopmental services across the HSIOW ICS. Findings have been submitted to the ICB exec team to agree a set of remedial strategic actions to significantly redesign and improve pathways.

Hampshire Autism Children/ Young People- Commissioning Portfolio

- Lead commissioning role is changing from Matt Powell to Tim Davis, with the Hampshire Autism children/young people commissioning portfolio as part of the wider Children/Young People's mental health commissioning portfolio
- Close links to SEND Commissioning portfolio will be maintained in order to ensure SEND and Mental Health wider agendas in relation to children/ young people's Autism are mutually well sighted
- This will also enable closer links to Adult Autism Commissioning, which currently sits under the Adult Mental Health team and furthermore facilitate addressing transition challenges and all age consideration for future services.





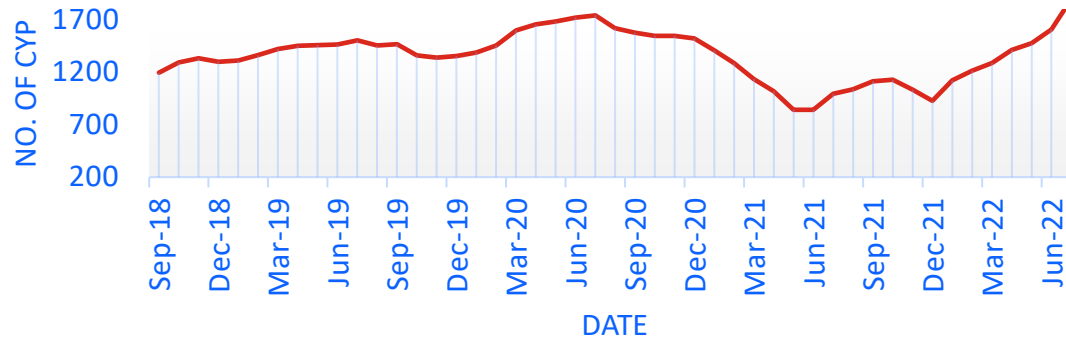
Key Issues and Actions

Issues	Actions
<p>Significant increase in referral rates. This has impacted waiting list sizes.</p> <p>Waiting times for those referred now expected to increase.</p>	<ul style="list-style-type: none"> • Additional funding awarded to assessment provider to increase activity. • Plans to introduce multi-disciplinary triage panel for ASC assessments to identify potential support services across Hampshire. • Investigate newly established ASC & ADHD provider framework which allows additional investment to increase capacity.
<p>Assessments are now offered to include 3-4 year olds causing pathway complications.</p>	<ul style="list-style-type: none"> • Collaborative working across Hampshire paediatric teams to agree established pathway.
<p>Ongoing reports and issues of ASC inclusivity in the community and education settings.</p>	<ul style="list-style-type: none"> • Autism Hampshire school workshops commissioned. • Continue to work with schools and local authority to embed needs led culture. • Inclusivity in the community to be noted within new all-age Autism strategy.

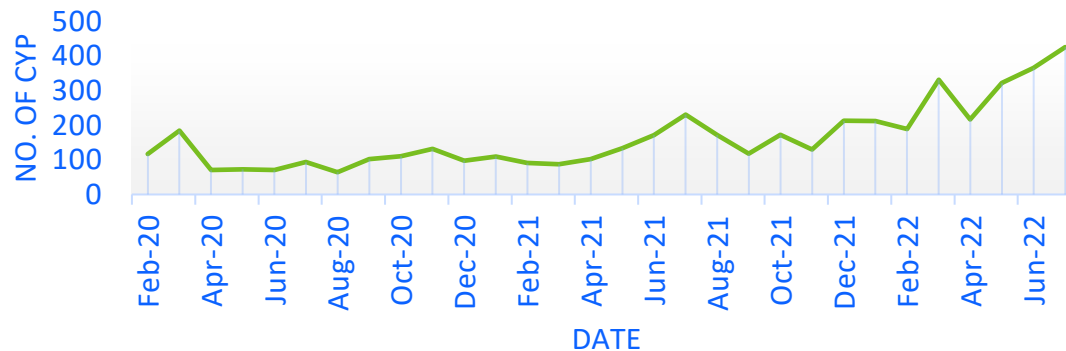


Referral Rates and Waiting Lists

Historical Waiting List



Hampshire Referrals By Month



Referral numbers for the past 6 months are up 193% compared to average since September 2018. This has resulted in increased waiting lists.

Analysis was undertaken by the assessment provider to identify potential causes for this increase. Their findings were:

- Increase in referrals does not appear to be driven by organic population factors such as population change/age/sex of CYP.
- Larger number of inappropriate referrals following commissioned pathway changes.
- Disproportionate increase in referrals for CYP registered at a small number of GP surgeries.

It is believed additional factors could be contributing to the increase in referrals:

- Returning to school after school closures due to Covid-19 measures.
- Parental identification during increased periods at home due to Covid-19 measures.
- Heightened awareness and knowledge of traits of potential Autism.



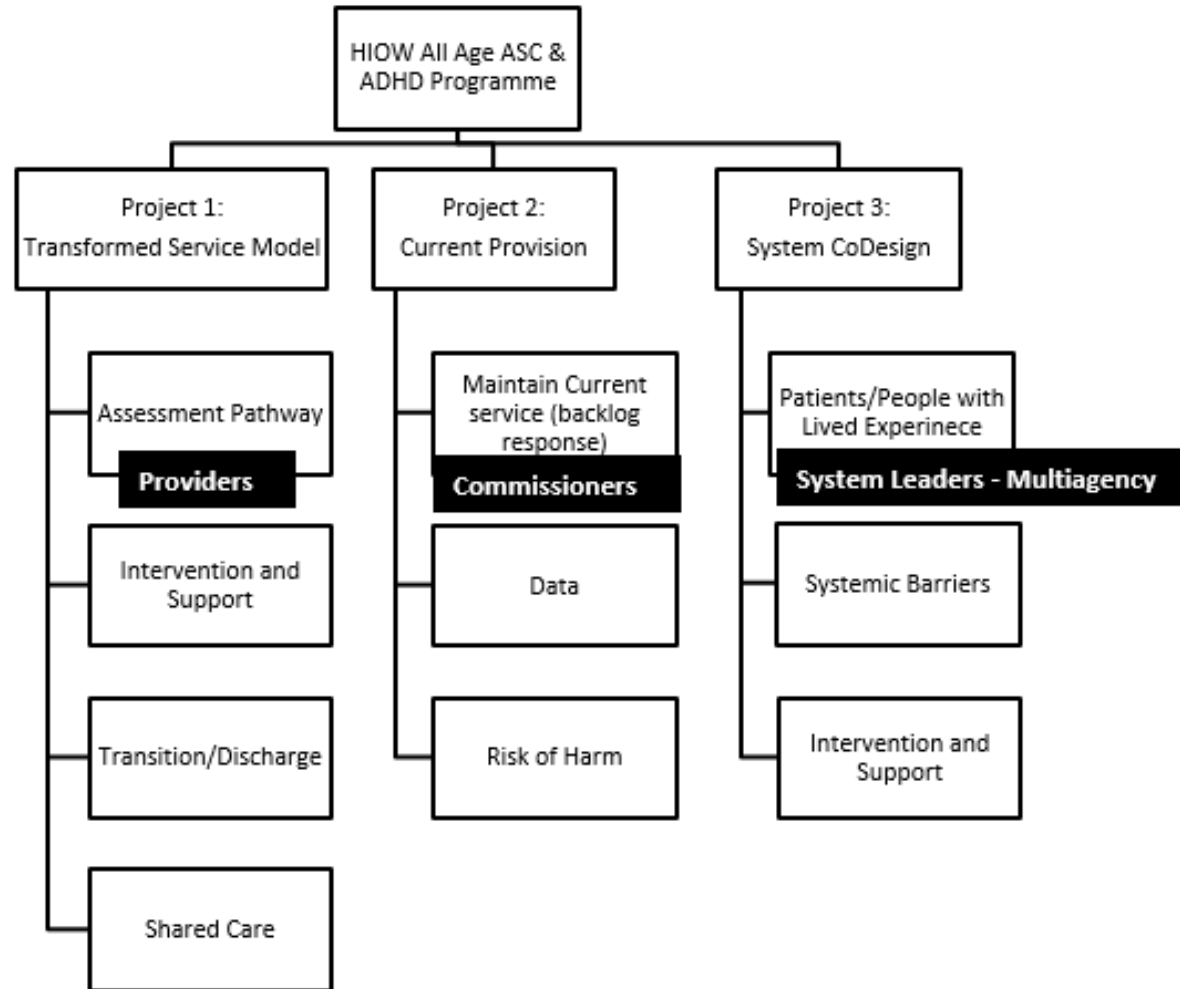
Next Steps

- Robust monitoring of assessment service with focus on waiting times, waiting list numbers and referral numbers.
- Plans to introduce Hampshire multi-disciplinary triage panel.
- Agree extension for Autism Hampshire workshops.
- Conclude procurement of evidence based family support for ASC & ADHD.
- Explore opportunities to use the Framework for ADHD and ASC Assessment and Prescribing/Post Diagnosis for additional capacity, pending ICB approval.
- Finalise and embed ASC pathway for 3-4 year old referrals.
- A business case with specific recommendations and funding proposal will go back to the ICB exec team in December 2022 following independent system view mentioned in slide 5.

Service Redesign

- A system wide independent review has been undertaken to look at the current state of all age neurodevelopmental services across the HSIOW ICS. Findings agreed by the ICB exec team will see the development of a co-designed, all age transformed pathway model to meet ongoing demand for ADHD and Autism Spectrum condition.
- The model will be needs led, inclusive and will offer support, assessment and guidance as appropriate
- Oversight and governance of the redesign will be provided by the HSIOW ICB Learning Disabilities and Autism Programme
- The new model will be agreed by April 2024.

Service Redesign – Scope and Structure



A photograph of a group of people sitting in a room, all wearing face masks. In the foreground, a man wearing a cap, glasses, and a white face mask is holding a baby. He is wearing a dark t-shirt with the word "METALLICA" visible. To his left, a woman in a grey hoodie and white mask is seated. To his right, a woman with long hair and a black mask is seated. The background shows a bright room with large windows. A dark blue banner is overlaid on the bottom left of the image.

Any Questions?

11/14/2022